

# 25 Ways to Grow, Eat, Repeat

1. Spread the love; start a new community garden in your neighborhood.
- 2. Get your hands dirty by volunteering in a community garden.**
3. Transform your garden bounty with a seasonal cooking workshop.
- 4. Send the kids to City Sprouts Summer Camp to create veggie-eating gardeners.**
5. Garden through the Salt Lake County Parks for Produce program.
- 6. Devour the freshest tomato sandwich ever at the Tomato Sandwich Party.**
7. Meet some chickens and talk to their tenders at our Tour De Coops.
- 8. Volunteer, support, or even start a local school garden.**
9. Share your sumptuous garden recipes on our Facebook page.
- 10. Hop on your bike and join the fall Community Garden Tour.**
11. Spice up your WCG garden plot by adding herbs like tarragon and thyme.
- 12. Celebrate community and local food at the Salsa Competition.**
13. Learn about solar, seeds, soil and more during Urban Garden and Farm Week.
- 14. Share extra produce from your garden with a neighbor or food pantry.**
15. Register for a community garden plot and meet your new neighbors.
- 16. Be a drip; learn how at WCG's Drip Irrigation workshop.**
17. Hook up folks seeking gardening space through Sharing Backyards.
- 18. Feast on a garden potluck meal with your fellow WCG gardeners.**
19. Savor a taste of Tomato Days at a participating local restaurant.
- 20. Take budding Junior Farmers to the Grateful Tomato Garden for gardening fun.**
21. Volunteer at WCG's Spring Plant Sale and get first pick of the seedlings.
- 22. Create garden super-fuel at a WCG composting workshop.**
23. Tweet your gardening tips to the WCG Twitter page.
- 24. Tell teachers about *Wow! Plants Are So Cool!*, WCG's gardening curriculum.**
25. Pick it, can it, enjoy it all year long at Storing and Using What You Grow workshop.

**Growing Food & Communities for 25 Years**

